

HOUSTON PRIMARY SCHOOL
EARLY LEARNING & CHILDCARE CLASS



Sun Protection Policy

At Houston Primary EL&CC we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this through:

EDUCATION

- Parents and carers will be sent a letter explaining what we are doing about sun protection and how they can help at the beginning of the Summer term.
- We will ensure that information on sun safety is available on our website and in the nursery.
- Children will take part in learning about the importance of sun safety at relevant times throughout the year.

PROTECTION

- When the sun is strong, we will encourage children to sit/play in shaded areas.
- We have developed a shaded area in the garden with trees and play house, so that children can enjoy playing outdoors in the shade.
- Shaded decked areas will provide opportunities for play.
- Parents/carers should ensure children arrive weather ready and have appropriate clothing.

TIMETABLING

- Children will spend no more than 2 hours outside per half day session. During lunchtime, children will be indoors.
- For those children attending a full day, staff will carefully monitor the time spent in direct sunlight to ensure they are protected from too much sun.

CLOTHING

- Children are required to wear hats that cover the ears, face and neck between 11am and 3pm. Parents are asked to supply one, however, should they forget, these will be provided by the EL&CC. We have a limited number of hats, so would request children have their own. Please clearly label your child's sun hat.

- All staff have agreed to wear sunscreen and take sensible precautions (e.g. wear sunglasses) when outside, in order to set a good example.

SUNSCREEN

- Parents/carers are asked to apply sun lotion before children come to the EL&CC. If you have forgotten, please inform your child's key worker, so that your child can have sun cream applied. If your child requires sun cream to be applied there will be a 30 minute period where your children cannot go outside as per guidance from NHS - sunscreen and safety.
- For children attending the full day, sun lotion will be reapplied as and when required.
- We will send letters home asking for permission for staff to apply sun cream.
- Children will need to bring their own clearly labeled bottle of sunscreen, at least factor 50+.
- We have a supply of sun cream in the EL&CC. Please indicate on the attached form if you give consent for a member of staff to apply this sun cream. If your child has sensitive skin or allergies, please provide a clearly labelled suitable sun cream for your child and tick the relevant box on the consent form.

This policy was developed in consultation with staff, parents and the local health advisors in May 2016. It was reviewed in August 2020. We will monitor our progress and review the policy when required.



Houston Primary School's EL&CC
Crosslee Road
Houston
Renfrewshire
PA6 7EJ

August 2020

Dear Parent/Carer,

I wanted to write and tell you about our revised Sun Protection Policy which was developed in consultation with staff, parents and local health advisors. It can be viewed in the **Policies section of our website**.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and wellbeing is very important to us. So we have decided to:

- Spend more time discussing sun protection at nursery.
- Ensure shaded areas of the garden are used when children are playing outdoors between the hours of 11am and 3pm.
- Actively encourage all children to wear a hat which shades their eyes and covers their ears and the back of their neck. Please send your child to nursery wearing a comfortable wide brimmed hat or legionnaire style cap. We have purchased some to give to children who have forgotten their own.

We would also advise that children come to nursery wearing sunscreen. We request your permission to apply sunscreen supplied by the EL&CC, or to provide suitable sunscreen for your child, if he/she has sensitive skin or allergies. Please complete the form overleaf and return it to the EL&CC as soon as possible. If you are providing sunscreen, please clearly label the container (at least factor 50+). Staff will apply sunscreen to children.

Parents' support is very important to us. Together, I hope we can have a very happy and safe time in the sun!

Kind regards,

Amanda Johnston

Amanda Johnston
Depute Head Teacher

Please complete this form and return it in your child's Book Bag, as soon as possible. Thank you.

HOUSTON PRIMARY SCHOOL EARLY LEARNING & CHILDCARE CLASS

Permission to Apply Sunscreen

Child's Name:

Date of Birth:

I give permission for a member of staff to apply sun cream, supplied by the EL&CC, to my child when required.

I have supplied a bottle of suitable factor 50+ sun lotion, clearly labelled with my child's name on it.

Parent's/Carer's Name:

Date:

Signature:

